

HMEF ANNUAL REPORT 2012

The Hillman Medical Education Fund (HMEF) of Rose Charities Canada was started in 2007 by Dr Liz Hillman in memory of her husband Don and to continue their lifetime's work supporting health education, especially in East Africa. HMEF's goal is to support potential leaders in health care and assist them as they build health education projects in their own communities. This year HMEF funded projects are in Uganda, Kenya, Pakistan, Afghanistan and Cambodia. Dedicated local leaders run all these projects. They are able to stretch our small grants to achieve big results. Typically grants are under \$5000. The HMEF Team in Canada, led by Dr Joanne Young and guided by Dr Liz Hillman are all volunteers of Rose Charities Canada. They volunteer their time and cover any admin costs so that 100% of your donation will be sent to a project.

HMEF IN UGANDA

Student Scholarships

Part of our mandate is to encourage leadership and talent among medical students. We wanted to support Mbarara and Gulu medical schools this year as they have fewer resources than Makerere. We also want to encourage students to undertake medical research. To this end, Hillman Scholarships were planned this year to be awarded in 2013 for the best medical student research projects at Mbarara University. The students produced some excellent projects. They will use the Hillman Awards for publishing and presenting their work and to cover research costs. We hope to extend this program to Gulu in 2013.

HEADA Uganda, Impact through Peers Program

Ugandan youth face many challenges as they grow up and there are few resources to help them. A program of Peer Groups in high schools provides a safe place for teenagers to talk about their issues and gain understanding and support.

In 2011 HMEF provided the funds for HEADA to start this important program. After a very successful first year we provided the funds for phase 2 of the project.



The Peer Group Club performing during one of the Scenes of the DUD Play.

The second photo shows Ann and her parents who are angry as they read her expulsion letter when she arrives home after being chased from school.

Peer Group Clubs are now established in six high schools in Northern Uganda. These clubs meet weekly and are led by trained peer leaders and discuss specific topics. They use techniques such as role-plays, poems and designing of posters, to raise awareness of issues. A year-end exhibition allows the schools to showcase their Peer Group Clubs and creates a lot of enthusiasm. At the end of the project there will be an evaluation exercise by way of focus group discussions and satisfaction surveys.

Keeping Our Children Healthy – PAT Train the Trainers Workshop

HMEF annually funds the Brighter Smiles Program in Uganda lead by Dr Andrew MacNab. This program uses health sciences students from Makerere University to support and visit health promoting

schools where the children are taught basic health and nutrition as part of their curriculum. This year Dr MacNab used HMEF funds to run a first PAT training workshop in Kampala.



Workshop Objectives

- Learning ways to give our children better health
- Prevention and Care that works
- How to know when they are very sick
- What you can do
- What you can teach to others

Dr MacNab writes :

“The workshop went really well and was much appreciated. Every place was filled. We had a lovely group of 30+ who were from several very rural communities, and will all take back and share useful things with others back home. All the participants were very positive and engaged by the content, the skills they acquired, and ability to learn in a participatory format which is novel here.”

HMEF IN PAKISTAN - Training Birth Attendants

Frontier Primary Health Care in the northwest of Pakistan, provides 12 health clinics in remote and impoverished communities and in Afghan refugee camps there. FPHC exists due to the dedication and leadership of Dr. Emel Khan and his wife Wagma who run the clinics with few resources in difficult and dangerous conditions.

In 2009 HMEF funded the training of 30 traditional birth attendants for two rural communities. This year we provided additional funding to expand this project into a 3 year program that will provide on-going training and support for TBA's the target is to provide one trained TBA for every 200 households.

HMEF in Afghanistan

Safe Motherhood Workshop Tabish Afghanistan

17-22 September



Afghanistan has one of the highest maternal mortality rates in the world. HMEFs work with Tabish a community based organization in Afghanistan to try and assist some of the refugee women in the region. A train the trainers workshop for 35 women who are refugees from rural communities was held to teach very basic maternal health including prevention of disease, hygiene, nutrition and care of pregnant mothers, safe birth delivery, child nutrition, family planning. These women will return to their communities and pass on this knowledge. After a skills assessment, training will continue next year.



Physiotherapy Training Cambodia

In 2011 HMEF funded The Cambodian Physical Therapy Association to upgrade the skills of 14 physiotherapists from around Cambodia in the Advanced Certificate of Physiotherapy. There are few trained physiotherapists in the country and there is significant need within hospitals and the community to strengthen rehabilitative services. The course began in April 2011 and was completed in March 2012. The graduates of ACP are individuals who have been selected by their employers for upgrade as they show high potential as leaders within the community, with the passion and capability to introduce and implement changes within their work environment. In 2012 HMEF provided funding for a second course which has not yet started.

Safe Motherhood Workshop Penang March 2012

Safe Motherhood has become a focus for HMEF this year. To strengthen our role in Safe Motherhood Project development in rural areas, HMEF funded the participation of two Rose Charities members to the Penang Conference to take part in the Safe Motherhood discussion. Dr Wagma Khan, from FPHC in Pakistan and Annette Borkent who runs a rural safe motherhood program in Guatemala were important contributors to the event.

PROJECT TITLE	AMOUNT FUNDED in 2012	
Cambodia Physiotherapy	2594.75	
HEADA Uganda Phase 2	2660	
Tabish Afghanistan Safe M	518	
FPHC Pakistan Safe M	5000	
PAT Training Uganda	4000	
Travel to conference	3200	
total	17,972	

Donations:

If you would like to support the vision of Don and Liz Hillman please contribute to the Hillman Medical Education Fund of Rose Charities. Tax receipts will be provided.

To donate on-line <http://www.rosecharities.ca> for Canadians or www.rosecharities.us for USA .

To donate by cheque

Cheques made payable to "Rose Charities" and mailed to: Rose Charities, 1870 Ogden Ave, Vancouver, BC V6J 1A1 Canada